

9 March 2017

Commission boosts grant funding

The Queensland Mental Health Commission has announced additional funding for community initiatives that improve the mental health and wellbeing of vulnerable Queenslanders.

A further nine organisations will receive a total of just under \$370,000 to implement innovative, locally-led, collaborative initiatives. This brings the value provided under the Commission's 2016-17 *Stronger Community Mental Health and Wellbeing* grants to \$1.03 million.

Queensland Mental Health Commissioner Dr Lesley van Schoubroeck said the latest round of grants provided support for initiatives that focus on the needs of vulnerable groups including Aboriginal and Torres Strait Islander peoples, cultural and linguistically diverse communities (CALD), and people with intellectual disability, as well as families and carers of people living with or impacted by problematic alcohol and other drug use.

"The Commission is pleased to offer additional funding this year and continue to deliver stronger community mental health and wellbeing programs," Dr van Schoubroeck said.

"The strength of this program is it funds local community initiatives, planned and delivered at a local level, and that address the individual needs of each community.

The grants enable organisations to support the implementation of priorities under the *Queensland Mental Health, Drug and Alcohol Strategic Plan 2014-19*. Successful Round 2 grant applicants are listed below.

QMHC Round 2 Stronger Community Mental Health and Wellbeing Grants 2016-17

Organisation	Title	Community	Description	Grant
Phunktional Limited	The Yumpla Project (Respectful Relationships Partnership Project)	Thursday Island, Dimbulah, Atherton, Herberton, Tully, Cairns, Tablelands, Horn Island	This project aims to increase the safety, mental and physical wellbeing of young people from Aboriginal and Torres Strait Islander and culturally and linguistically diverse backgrounds in remote communities across far north Queensland.	\$50,000
Parents & Friends Association Aboriginal & Islander Independent Community School (the Murri School)	Moving to Heal Yoga Program	Brisbane (southside)	Promote healing and social connection through the delivery of a weekly trauma sensitive yoga class to Aboriginal women residing in Brisbane's Southside.	\$26,980



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Family Drug Support	Queensland National Drug Support Day	Brisbane, Gold Coast, Sunshine Coast, Rockhampton, Cairns	Provide five public events to highlight the support needed by families and support people to reduce the shame and stigma they endure because of drug and alcohol problems in the family.	\$41,500
Mulungu Aboriginal Corporation Primary Health Care Service	Hand up (not hand out) for Mareeba Men	Mareeba	A 12-month extension of the Hand Up (not hand out!) for Mareeba Men program funded under the 2015-16 Grants Program. It will include the employment of a male Indigenous mental health worker to provide culturally appropriate support for Mareeba Indigenous men, particularly those experiencing mental health issues, alcohol and drug use, and those involved in the justice system.	\$50,000
WWILD Sexual Violence Prevention Association	Well Beings	Brisbane, Caboolture, Logan, Gold Coast	Support the development of, and promote the skills and knowledge required by both the disability and mental health sectors to offer improved recovery support to people with dual disability (intellectual disabilities and mental illness/significant mental health issues).	\$42,252
Access Inc	ACCESSing Personal Wellbeing Project	Logan	Provide a suite of activities that improve the wellbeing of people from a CALD background living with mental illness, and remove barriers that often inhibit individuals with mental illness from forming and maintaining supportive relationships.	\$50,000
Harmony Place	The Wellbeing in Harmony Project	Brisbane	Provide a suite of activities that improve the wellbeing of people from a CALD background living with mental illness, and remove barriers that often inhibit individuals with mental illness from forming and maintaining supportive relationships.	\$50,000
Your Dreams	'Reclaiming Joy' Suicide Bereavement Retreat	Ipswich and West Moreton Region	Provide a three day nurturing and safe space for twenty participants bereaved by suicide to reclaim joy in their lives. Participants will have the opportunity to communicate with others who have had similar experiences, build relationships and establish a supportive network.	\$8,800
Act for Kids	Family Wellbeing Program for Indigenous Residential Care Team	Cairns	Provide up to 18 Indigenous residential care workers with the opportunity to participate in the Family Wellbeing Program, which seeks to empower participants through personal transformation that involves harmonising physical, emotional, mental and spiritual aspects of life and applying this to practical, day-to-day living.	\$50,000