

Participant questions

Queensland Mental Health Commission Charter Webinar – 1 August 2024

Q1. Will the webinar recording be available to watch later?

A. Yes. The webinar was recorded and is available on the Commission's [Lived-Living Experience Charter Development webpage](#).

Q2. Where can I find the Expression of Interest (EOI) form for the lived-living experience co-design sessions?

A. Please click [here](#) for the EOI form. The EOI will close at **5:00pm on 13 August 2024**.

Q3. How do we differentiate between mental illness, neurodevelopmental conditions, and psychiatric disorders? Is the term 'mental' stigmatising in some contexts?

A. The charter will be a public commitment on how our organisation will partner with people with lived-living experience of mental ill-health, harms from alcohol and other drug use, trauma and suicidality in our work. Language is important. It can include – or exclude. We use the term mental ill-health as an umbrella term that incorporates mental health concerns and mental illness but acknowledge that this may not be a preferred term to be used in community or by people with a lived experience.

We are undertaking a co-design process to develop the charter to ensure a wide range of perspectives are incorporated. This includes co-design sessions with individuals with lived-living experience, lived-living experience representative bodies, the community and our staff. It also captures broader perspectives through a [survey](#).

Stigma has broad, complex and long-lasting negative impacts on individuals with personal lived-living experience, their families, carers, kin and other supporters. Our organisation is leading work on behalf of the Queensland Government to deliver a range of activities to reduce stigma associated with mental ill-health (including eating disorders), alcohol and other drugs, and suicidality, and encourage help-seeking and help-offering behaviours. This will include:

- a social marketing campaign
- capacity and capability building initiatives in key audiences and key settings.

More information about this project is available on the Commission's website [here](#). You may also like to subscribe the [Commission's monthly eNews](#) to stay up to date and hear about ways to be involved.

Q4. How will you invite survey contributors to the consolidation session if the survey is anonymous?

A. People who complete the survey and/or participate in co-design sessions will be invited to participate in the Consolidation webinar on 3 October 2024. For people invited through the survey, there is a link at the end of the survey to the registration page. The consolidation webinar does require an email to register, however survey responses are anonymous and not linked to the registration page. Please click [here](#) if you would like to complete the survey.

Q5. Does the Commission have diversity in lived-living experiences representation?

A. The Commission is committed to partnering with people with diverse lived-living experiences in its work. With the development of the charter, the Commission is undertaking co-design sessions with state-wide lived-living experience representative bodies such as:

- Mental Health Lived Experience Peak Queensland ([MHLEPQ](#))
- [Arafmi QLD](#) – mental health carers
- [Roses in the Ocean](#) – lived experience of suicide
- [QuIVAA](#) – people who use drugs
- Queensland Lived Experience Workforce Network ([QLEWN](#)).

An Expression of Interest (EOI) for the lived-living experience co-design sessions is being undertaken to assist us to incorporate a variety of perspectives. The Commission is also developing a Lived-Living Experience register to enable us to draw upon a range of people with lived-living experience that would like to be involved in our work.

Q6. How are culturally and linguistically diverse (CALD) people with lived-living experience being supported to provide feedback and/or engage in the consultations?

A. People from CALD backgrounds with lived-living experience are invited to participate in the development of the charter by completing the [survey](#), and/or to submit an [EOI](#) for the co-design sessions. To assist people from diverse backgrounds, supports are being offered.

Survey

The survey, being managed by the Lived Experience Leadership and Advocacy Network (LELAN), is inviting people to contact them by telephone if they would like to submit their responses verbally or if they have further questions.

Expression of Interest (EOI)

The EOI provides an option at the top of the introductory information page for people to contact the Commission directly for support in their application. Within the EOI form, people are invited to identify individual support/s they may need to participate in the co-design sessions.